Checking your mole

Speak to your GP if you notice any of these changes. They may be harmless, but sometimes they can be a sign of a type of skin cancer called melanoma.

- **Asymmetry**: Does one half look different to the other?
- **Border**: Are the edges uneven and jagged?
- **Colour**: Are there a mixture of different shades in the mole?
- **Diameter**: Is the mole more than 6mm across?
- **Evolution**: Has the mole changed in shape or colour?