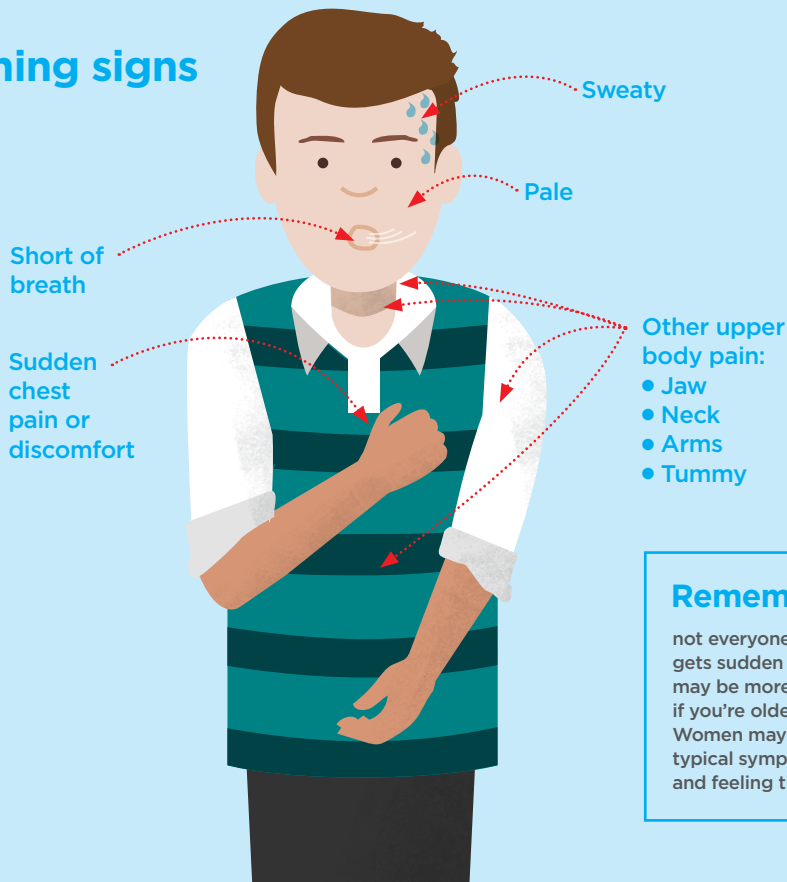


# How to spot a heart attack



If you think you or someone around you is having a heart attack, don't delay – **call 999** for help immediately

## Warning signs



### Remember ...

not everyone who has a heart attack gets sudden chest pain. Symptoms may be more discrete, especially if you're older or have diabetes. Women may also experience less typical symptoms, such as indigestion and feeling tired, weak or dizzy.