Medicine diary for carers

If you are helping a loved one to take their medicines, this diary could help.

You can use it to:

- remind you what medicines they need to take and when
- record what medicines they have taken each week

You can print off a new copy for each week. It may help to keep it somewhere where you'll remember to check it, such as on your fridge or on a door.

Medicine	Dose	How often is it taken? Any particular time?	Tick once taken						
			Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Example: Donepezil	*5mg*	*Everyday at bedtime*	✓	✓	✓	✓	✓	✓	✓